

How-to guide: box and yoghurt pots

How does this meet cats' needs?

Every cat has a natural instinct to hunt, stalk, and paw at things that catch their interest. This sense of curiosity usually takes a backseat when a cat is adjusting to a new environment. But once they feel comfortable, engaging with toys that mimic hunting can help them feel more relaxed and at home.

This simple DIY toy encourages those natural hunting behaviours, providing both mental and physical engagement to help manage any stress or boredom.

Materials

- An empty cardboard box (a Felix 12-pouch box works well)
- Two clean yoghurt pots of different depths or widths
- Scissors
- Pencil

Difficulty level:

Easy

Time to make:

10 to 15 minutes

Instructions



1. Mark the pot openings

Place the yoghurt pots upside-down on top of the box and trace around each one with a pencil.



2. Cut and insert

Carefully cut out the circles you've drawn on the box, making sure they're slightly larger if needed to fit the pots snugly. Place each pot into its cut-out hole.



3. Start with some snacks

To introduce the toy, place a few biscuits or treats into each pot. The different depths will encourage the cat to paw and reach, bringing out their natural hunting instincts.

Tip for play:

Switch out toys frequently to keep things fresh and exciting. Always make sure the treats used in puzzle feeders are counted toward the cat's daily food allowance to maintain a healthy weight.



4. Add a hidden level

Once the cat has gotten the hang of the pots, open the box's flap and hide some biscuits inside. This adds a new layer of challenge, giving the cat more ways to hunt.



5. Final challenge

Once the cat is comfortable, close the box flap, so they have to work a bit harder to discover the treats inside.

How to use this within your Stream for Cats

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- By raising funds and raising awareness through your content, you'll be making a direct impact on the lives of the thousands of cats and kittens that come into our care every year.
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Contact us

cats.org.uk/stream-for-cats

stream@cats.org.uk

Join us on discord

discord.com/invite/Erg9wt5jWk

